



# Women's Wellness Program

Nurture Your Body's Natural Balance with Personalized Gut Microbiome Science

4-MONTH PERSONALISED HEALTH JOURNEY



# **Health Challenges We Address**



Obesity
Struggling with weight management despite your best efforts?



Frequent Digestive Problems

Feeling constantly tired due to iron deficiency?



NAFLD (Non-Alcoholic Fatty Liver Disease)

Concerned about metabolic health?

Reclaim your wellness from these common women's health concerns



Anemia
Feeling constantly tired due to iron deficiency?



**Stress and Anxiety** 

Overwhelmed by juggling multiple responsibilities?



PCOS (Polycystic Ovary Syndrome)

Hormonal imbalances impacting your health and confidence?



Menstrual Irregularities

Unpredictable cycles affecting your life planning?

Your body is speaking to you through these symptoms. Listen to what your gut microbiome is trying to tell you - and let us help you restore your natural balance.



# Why Choose Bione's Women's Wellness Program



## 1. WOMEN-CENTRIC APPROACH

- Programs designed specifically for women's unique physiology
- Hormonal health integration with gut microbiome analysis
- Understanding of women's nutritional and wellness needs

# 2. CUTTING-EDGE SCIENCE

- metaG Al Technology for personalized insights
- Clinical Nutritionist & Gut Genomic Experts
- Revolutionary approach to women's health through gut analysis





# Why Choose Bione's Women's Wellness Program



## 3. COMPREHENSIVE CARE SYSTEM

- 5 Personalized diet plans tailored to your body's needs
- 7 One-to-one counseling sessions with women's health specialists
- 24-hour support system understanding women's busy lifestyles

# 4. HOLISTIC SOLUTIONS

- Targeted probiotics for women's specific health needs
- Customized supplements addressing anemia, PCOS, and hormonal balance
- Gentle exercise and yoga recommendations for women's wellness



### PHASE 1: BEGIN YOUR HEALTH JOURNEY

- Program Guidance: Bione expert will explain the complete program
- Program Enrollment: Pay & Secure your spot
- Health Assessment: Share existing blood test reports to provide insight
- Kit Delivery: Receive your gut microbiome test kit at home
- Pre-Program Consultation: First counseling session with nutritionist
- Sample Collection: Simple, at-home sample collection with full support



I-60 DAYS

### PHASE 2: ANALYSIS & RESTORATION

- Advanced Testing: Comprehensive gut microbiome analysis
- Results & Counseling-1: Detailed report + 15 days Personalised GUT DETOX Diet Chart-1
- Probiotic Integration: Personalised probiotic recommendations
- Counseling-2: Progress review + 15 days Personalised GUT INFLAMMATION REDUCTION Diet Chart-2
- Counseling-3: 30 days Personalised GUT RESTORATION Diet Chart-3



## PHASE 3: TRANSFORMING HORMONAL HEALTH

- Protein Integration: Customized protein and supplement protocols
- Counseling-4: 30 days Personalised GUT BALANCING Diet Chart-4
- Counseling-5: 30 days Personalised GUT MAINTENANCE Diet Chart-5



### PHASE 4: CONTINUE YOUR WELBEING JOURNEY

• **Program Completion:** Final Counseling & assessment for program closure.



# Invest In Your Health Today









# **Complete 4-Month Wellness Program:**

₹29,999

(Less than ₹250 per day for total health transformation)



Comprehensive Gut Test



5 Personalised Diet Charts



7 Expert Counseling Sessions



Custom Supplement Recommendations



Driven-by Clinical Nutritionists



Exercise & Yoga Guidance

Have more questions?

Reach out to us using the contact details below

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www.bione.in