



## Men's Wellness Program

Transform Your Health with Gut Science - Backed Wellness Program

4-MONTH PERSONALISED HEALTH JOURNEY



## **Health Challenges We Address**



**High Cholesterol** 

Worried about cardiovascular health and heart attack risk?



Obesity

Difficulty losing weight despite diet and exercise efforts?



Constipation

Irregular bowel movements affecting your daily comfort?

Are you struggling with these common health issues?



Frequent Digestive Problems

Irregular bowel movements affecting your daily comfort?



NAFLD (Non-Alcoholic Fatty Liver Disease)

Concerned about liver health and metabolism?



**Stress and Anxiety** 

Feeling overwhelmed by work and life pressures?

These aren't just symptoms - they're signals from your body that something deeper needs attention. Your gut microbiome holds the key to addressing these root causes.



## Why Choose Bione's Men's Wellness Program



#### 1. SCIENCE-FIRST APPROACH

- metaG Al Technology-driven personalized program
- Using-Third Generation NGS technology
- Managed by Clinical Nutritionist & Gut Genomics Expert
- Advanced gut microbiome analysis the only test that addresses the ROOT CAUSE

### 2. PERSONALISED SOLUTIONS & SUPPORT SYSTEMS

- 5 Personalized Diet Plans based on your unique gut profile
- 7 One-to-one counseling sessions with Expert Nutritionists
- Quick Customer Support for query resolution





# Why Choose Bione's Men's Wellness Program



#### 3. EXPERT RECOMMENDATIONS

- Best-fit Probiotic recommendations for your specific needs
- Targeted supplement recommendations
- Customized exercise and yoga plans for men's physiology

#### 4. PROVEN METHODOLOGY

- 4-month structured wellness transformation
- Holistic approach addressing symptoms and root causes
- Personalized support from expert clinical nutritionists



#### PHASE 1: BEGIN YOUR HEALTH JOURNEY

- Program Guidance: Bione expert will explain the complete program
- Program Enrollment: Pay & Secure your spot
- Health Assessment: Share existing blood test reports to provide insight
- Kit Delivery: Receive your gut microbiome test kit at home
- Pre-Program Consultation: First counseling session with nutritionist
- Sample Collection: Simple, at-home sample collection with full support



#### PHASE 2: ANALYSIS & RESTORATION

- Advanced Testing: Comprehensive gut microbiome analysis
- Results & Counseling-1: Detailed report + 15 days Personalised GUT DETOX Diet Chart-1
- Probiotic Integration: Personalised probiotic recommendations
- Counseling-2: Progress review + 15 days Personalised GUT INFLAMMATION REDUCTION Diet Chart-2
- Counseling-3: 30 days Personalised GUT RESTORATION Diet Chart-3



#### **PHASE 3: TRANSFORMING WELLNESS**

- Protein Integration: Customized protein and supplement protocols
- Counseling-4: 30 days Personalised GUT BALANCING Diet Chart-4
- Counseling-5: 30 days Personalised GUT MAINTENANCE Diet Chart-5



#### PHASE 4: CONTINUE YOUR WELBEING JOURNEY

• **Program Completion:** Final Counseling & assessment for program closure.



## Invest In Your Health Today









#### **Complete 4-Month Wellness Program:**

₹29,999

(Less than ₹250 per day for total health transformation)



Comprehensive Gut Test



5 Personalised Diet Charts



7 Expert Counseling Sessions



Custom Supplement Recommendations



Driven-by Clinical Nutritionists



Exercise & Yoga Guidance

Have more questions?

Reach out to us using the contact details below

+91-89510 42332

www.bione.in